AGM MEETING
TONIGHT

At 6.30 p.m. at the Norris Road State School Administration Building in the Staffroom. Following this will be the General Meeting. All are welcome.

Dear Norris Road Community,

Last week saw our first ‘official’ Friday Alternate session where students in Years 4 - 6 engage in either Interschool Sport or Alternative Option. The options for students this term include: Interschool Sport, AFL, Coding/Robotics, Visual Art, Net Sports and Community Engagement (Environmental Projects). We are taking photos as we go and will celebrate our learning at the start of Term 2.

New Classroom Building – Year 2

Following the start-up meeting on Wednesday of last week, I can confirm that the new building will be in place over the break with preparation works beginning next week. The building will face the playground so that a future building (possibly needed for 2019 depending on enrolments) can be placed facing this one to allow for a combined veranda space.

The building will have a covered walkway connection from the Junior Undercover Area.

Traffic Management

There are “NO STANDING” signs in place in the streets around the school for a reason. Parents/carers are still parking in the space marked “NO STANDING” in Greenore Street. You are endangering the lives of our students. The crossing supervisors report they are not able to see past these cars to guarantee a safe passage of students across the crossing.
National Day of Action against Bullying – 16 March
We have registered as a school to participate in the day of awareness raising. We know as a society, the impacts that bullying has on well-being and mental health and commit to stand together to eliminate it wherever we can.

I do use the word “bullying” with caution however. Often the behaviour described as ‘bullying’ is mean or nasty behaviour NOT bullying.

The national definition of bullying for Australian schools says:

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

• mutual arguments and disagreements (where there is no power imbalance)
• not liking someone or a single act of social rejection
• one-off acts of meanness or spite
• isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved. Likewise, not all online issues are bullying. (Online bullying is sometimes referred to as cyberbullying and refers to bullying that is carried out through information and communication technologies.)

We will be working with students and families to make sure we are informed about the issues that impact us here at school and address these in the Responsible Behaviour Plan for Students, which is due for revision this year.

Harmony Day – 21 March
As a school we have 20 countries represented as ‘Countries of Birth’ for our students. This does not represent in full the countries from which all of our families originate. We will acknowledge our diversity this year on Harmony Day. See further information in the newsletter.

Celebration of Learning
All students are beginning, or well underway with, assessment tasks for the term. The purpose of assessment is to identify what students know and can do. This then informs the next planning cycle.

Point for Reflection

Attitude of Gratitude
Studies suggest that when we are grateful we can be more optimistic, successful and healthier. Gratitude is regarded by some researchers as a “mega strategy for happiness” (Kern & McQuaid, 2017). Gratitude has two parts. First, an affirmation of goodness- we notice and appreciate that there are good things in our lives and in the world. Second, discovering that the goodness comes from outside ourselves - we acknowledge that others have helped and supported us in big or small ways. One of the best ways to cultivate more gratitude is to intentionally notice and appreciate what is working well in our lives.

What Went Well
Think about three things that went well in the past week. They can be small, but should be things for which you feel grateful. It might have been a yummy meal, time spent doing something you love, playing a game, having a joke with a friend, something you observed in nature.

Write down the three things that went well. Now, beside each thing that went well, write down what made these things possible – eg. having a joke with my friend - my good friend and I have a similar sense of humour – eg. yummy meal - because my mum decided to cook my favourite pasta dish for me last night.

Main message:
"Expressing gratitude has been proven to help strengthen relationships, improve our physical health and create more positive emotions" (Emmons, 2010).

Shannon Lusk
Principal

From Unleashing Personal Potential – Luke McKenna
MEDICATION AT SCHOOL

In case of minor illnesses, please use discretion when deciding whether or not to send your child. A child who is unwell will not enjoy or benefit from school and may spread the illness to others. Children with infectious diseases must be excluded from the school for specified times.

Office staff can administer medication prescribed by a doctor only if a form is completed and the medication presented in its original packaging showing all details of dosage and times stated clearly on the labels. A record of medication administered is strictly maintained. Class teachers do not administer medication.

Self-administered medication, such as Asthma Puffers and Epipens, require special approval from the Principal under the following conditions:

1. Consultation has occurred with the parent and student/s regarding arrangements for the self-administration of medications and self-management of health conditions and the risks associated with self-administration in a school setting.
2. The student is responsible enough to undertake self-administration of medication at school.
3. Students approved to carry their own medication should demonstrate practices of secure storage of medication that may potentially be harmful to other students and safe disposal of sharps equipment.

If a student requires medication at school, Parents/Guardians need to complete a Request to Administer Medication at School Form available from the school office.

All medication, including over-the-counter medication such as paracetamol and alternative medicines, treatments or supplements, must be authorised by a medical practitioner before it can be administered to students.

All medication must be labelled and up to date (changes must be made on the label by the doctor). All supplies of medication must be delivered by parents/carers to the office. For safety reasons, students must not keep medication in their possession (asthma puffers and epipens are the exception).

Calendar of Events

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar. 9</td>
<td>April 17</td>
</tr>
<tr>
<td>Interschool Sport</td>
<td>First Day of Term 2</td>
</tr>
<tr>
<td>14</td>
<td>18 – 19 Parent/Teacher Meetings</td>
</tr>
<tr>
<td>Senior Assembly (Y3 – 6)</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>18 – 19 Parent/Teacher Meetings</td>
</tr>
<tr>
<td>Interschool Sport</td>
<td>First Day of Term 2</td>
</tr>
<tr>
<td>21</td>
<td>28 School Cross Country</td>
</tr>
<tr>
<td>Full School Assembly</td>
<td></td>
</tr>
<tr>
<td>Harmony Day</td>
<td>Full School Assembly</td>
</tr>
<tr>
<td>23</td>
<td>29 Easter Hat Parade – (P-2)</td>
</tr>
<tr>
<td>Interschool Sport</td>
<td>Last Day of Term 1</td>
</tr>
<tr>
<td>28</td>
<td>Mar. 30 – EASTER</td>
</tr>
<tr>
<td>School Cross Country</td>
<td>April 16 VACATION</td>
</tr>
<tr>
<td>29</td>
<td></td>
</tr>
</tbody>
</table>

Norris Road State School Assessment Booklets 2018

Assessment Booklets have been distributed to students. Thank you to parents/caregivers who have paid either through the office or with EDSCO stationery order. If you have not paid please pay $15 at the office between 8.00 a.m. and 10.00 a.m. daily. You can pay by eftpos, cash or credit card.

COLES – SPORTS FOR SCHOOLS

Coles is giving schools the opportunity to earn sports gear just by collecting vouchers and Norris Road State School has registered for the program. For every $10 spent at Coles customers will receive one Sports for Schools voucher. Vouchers can be placed in a special collection bin at the school office. So start collecting your vouchers now.
PARENT/TEACHER MEETINGS
Parent/Teacher Meeting have been scheduled for Wednesday 18 April and Thursday 19 April to allow you to consult with your children’s teacher. On these days, from 2.45pm until 7pm, class teachers will be available for discussion by appointment. Prep – Year 2 will be available on Wednesday and Year 3 - 6 will be available on Thursday. The meetings will take a different format this year to allow for a more student centred approach. Students need to be present at the meeting with teachers and parents as they will have a role to play in the discussion around their learning and achievements and in particular their goals. The opportunity will empower our students to assume increasing responsibility for their learning. Meetings will be conducted in the School Hall and are of 15 minutes’ duration.

To co-ordinate the meetings we have employed an online booking system to assist parents in securing their preferred times. The procedure is as follows:

• If you wish to see any of your children’s teachers, you need to secure an appointment time using this system. If you do not have access to the internet you can call the school office or see your child's teacher and they will be able to assist you to access the program and make your bookings.

• The booking system will only be accessible from 6am, Monday 19.03.18 through to 3pm, Tuesday, 17.04.18. No interview requests will be accepted outside of these times on the system.

• In your web browser type in the school website https://norroadss.eq.edu.au/Pages/default.aspx and when this appears click the link for ‘Parent-Teacher-Interviews’ in the quick links section on the right hand side of the front page. This will take you directly to the booking site for our school.

HARMONY DAY - WEDNESDAY 21 MARCH - CELEBRATES CULTURAL DIVERSITY
Students are asked to wear either traditional dress or something orange but sun safe on Wednesday 21 March to show their support for everyone being treated as an equal regardless of cultural background. Students are kindly requested to bring a gold coin donation on this day. The money will go towards supporting equality in the school with our Student Council planning some legacy items including a friendship bench. Our School Choir will also be performing on the whole school parade and students from each year level will be speaking about what Harmony Day means to them. Your support is very much appreciated.

STUDENT COUNCIL
Hi, I'm Ashley from Student Council and Harmony Day is coming up on the calendar. To honour Australia’s cultural diversity, we will celebrate Harmony Day on Wednesday 21 March (Week 9) by wearing something orange or by wearing a traditional outfit. We will also make a gold coin donation. Money raised will go towards a legacy item for our school. We are all different but we all belong.

Hi, I'm Amelia from 4MG. I am one of your Student Council members for 2018. This term we are having a Disco. It's on Wednesday 21 March and the theme is FLURO / bright colours. So come along and be as bright as you can be! Tickets are $5 and are on sale from Wednesday at the Uniform Shop. Prep - Year 2 is from 5.00 - 6:15 p.m. and Years 3 - 6 is from 6:30 - 7:45 p.m.
**CHOIR NEWS**

NRSS choirs are back in full swing for the year!

Junior Choir has members from Years 1 & 2 and rehearsals are run every Friday at first break. Students sign up at the beginning of the term with a commitment to attend rehearsals until we perform. Performances will be at Assembly towards the end of each term with notice provided on the Facebook page and in the Newsletter.

Senior Choir sign up was available to students in Years 3 - 6 from Weeks 1 - 3 this term. Students are required to make a year long commitment for Senior Choir with rehearsals run every Thursday at second break. Performances for Senior Choir will also be advised through the Newsletter and on the Facebook page - please note that these performances may not always be at the end of each term as we are often performing at special events such as the Anzac Day Assembly and Harmony Day.

We look forward to performing for you soon!

Lisa Rose

---

**FROM CHAPPY RELL**

**SUB MEAL DEAL**

We will be having our first Sub Meal Deal of the year on Monday 19 March. Envelopes on which you can indicate your child’s choice of sub and drink (for 1st break only) will be sent home this week. These need to be returned to the school, with exact money, by Thursday 15 March and placed in the green box in the office.

“What else does Chappy Rell do?”

**CHAPPY CHATS FOR PARENTS**

The School Chaplain is not just here for the kids! I am not a counsellor but I do make a good cup of tea and am always willing to make a time to listen, whatever the issue. As a parent myself, I know there are some times when you just need someone to share with and to let you know you are not alone. Please get in touch if you think I could help.

Cheers Chappy Rell

---

**ARIBA ENUBA ART TRAIL 3RD LAGOON BRIGHTON PROJECT**

On Monday 26 February, I had the opportunity to take Keira McF and Keith J to an afternoon workshop at Nashville State School to design a totem for our school. An on-site artist, Melinda Flynn, helped us generate some ideas and will be transferring our design onto a totem pole with the help of some high school students. The totem poles will then be added to the existing artwork around the lagoon.

As a representative of our NRSS First Nations Group, I’ll be sharing our ideas which can contribute to the creation of our Yarning Circle here at school.

Ms Livingstone

---

**SPORT**

School Cross Country – Wednesday 28 March. (see table for times).

**District Trials** - Throughout the year there will be District Trials held for various sports. Most of these trials will be open for 10, 11 and 12 year olds. Some of the District Trials (Swimming, Cross Country, Track and Field) will be open for 9 to 12 year olds.

If your child attends a District Trial they must have very good skills in the chosen activity. Permission forms need to be taken to the Trials. The $12 District Nomination Fee for Swimming, Cross Country and Track and Field is paid to the school. All other District Nomination Fees are paid online.

**NO FEES PAID = NO TRIAL**

All forms for District Trials need to be returned to school and signed and stamped by the Principal. They will be returned to your child so that they can take them to the District Trials.

**NO FORMS = NO TRIAL**

(The only forms that the school will take to District Trials are for Cross Country and Track and Field as these are the only trials where we send staff to the trials).
N.B. ALL 9, 10, 11, and 12 YEAR OLD STUDENTS WHO WANT TO RUN FOR THE SCHOOL TEAM AT THE BRAMBLE BAY TRIALS MUST PROVE THAT THEY CAN COMPLETE THE 3 KM (11/12 years) or 2KM (9/10 years) SCHOOL COURSE.

**Years 3 to 6 – RUN IN AGE GROUPS:**
Born 2006 – 12 years/ Born 2007 – 11 years/ Born 2008 – 10 years
Born 2009– 9years/ Born 2010 – 8years

<table>
<thead>
<tr>
<th>Approx. Time</th>
<th>Wednesday 28 March 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>only</strong></td>
<td></td>
</tr>
<tr>
<td>8.30</td>
<td>Years 3, 4, 5, 6 students move from classrooms (in class lines) to the oval. Sit under house tents.</td>
</tr>
<tr>
<td>8.40</td>
<td>Welcome/ Instructions.</td>
</tr>
<tr>
<td></td>
<td>Students have a choice of race distances:-</td>
</tr>
<tr>
<td></td>
<td>9 to 12 years – 2km (9/10), 3km (11/12) or 500m or both.</td>
</tr>
<tr>
<td></td>
<td>(Every student is expected to enter 1 race (minimum) on 28 March.</td>
</tr>
<tr>
<td></td>
<td>Students may run or walk in the 500m races. Students need to run in the longer races. Every competitor gets points for their house.)</td>
</tr>
<tr>
<td>8.45</td>
<td>12 years 3km boys and girls (Born 2006)</td>
</tr>
<tr>
<td>9.00</td>
<td>11 years 3km boys and girls (Born 2007)</td>
</tr>
<tr>
<td>9.15</td>
<td>10 years 2km boys and girls (Born 2008)</td>
</tr>
<tr>
<td>9.30</td>
<td>9 years 2km boys and girls (Born 2009)</td>
</tr>
<tr>
<td>3 or 2km</td>
<td>These races are for any boys or girls who want to try out for the school team. Places will be awarded in the different age groups. (Medallions for 1st; ribbons for 2nd, 3rd).</td>
</tr>
<tr>
<td>9.45</td>
<td>Conclusion of 3km and 2km events.</td>
</tr>
<tr>
<td></td>
<td>Start of 500m events.</td>
</tr>
<tr>
<td>9.45</td>
<td>500m race instructions.</td>
</tr>
<tr>
<td>500m</td>
<td>The 500m races below are for everyone in Years 3/4/5/6. (If a student has already run in a 3 or 2 km race they do not have to run again BUT they can if they want to run again).</td>
</tr>
<tr>
<td></td>
<td>Run in age groups. (Ribbons for 1st, 2nd, 3rd).</td>
</tr>
<tr>
<td>9.50</td>
<td>12 year girls (2006): 500m</td>
</tr>
<tr>
<td>9.55</td>
<td>12 year boys (2006): 500m</td>
</tr>
<tr>
<td>10.00</td>
<td>11 year girls (2007): 500m</td>
</tr>
<tr>
<td>10.05</td>
<td>11 year boys (2007): 500m</td>
</tr>
<tr>
<td>10.10</td>
<td>10 year girls (2008): 500m</td>
</tr>
<tr>
<td>10.15</td>
<td>10 year boys (2008): 500m</td>
</tr>
<tr>
<td>10.20</td>
<td>9 year girls (2009): 500m</td>
</tr>
<tr>
<td>10.25</td>
<td>9 year boys (2009): 500m</td>
</tr>
<tr>
<td>10.30</td>
<td>8 year girls (2010 - in Year 3): 500m</td>
</tr>
<tr>
<td>10.35</td>
<td>8 year boys (2010 - in Year 3): 500m</td>
</tr>
<tr>
<td>10.40</td>
<td>Clean up</td>
</tr>
<tr>
<td>10.45</td>
<td>Lunch</td>
</tr>
<tr>
<td></td>
<td>(FINAL POINTS WILL BE ANNOUNCED AT ASSEMBLY).</td>
</tr>
</tbody>
</table>
Apollo War Cry
Are we ready? Are we ever!
Sun God people we are called...
We are the best of them all...
Win again, win again, forever on the ball...
Apollo, Apollo, we can beat them all.
A-P-O-L-L-O... Go Apollo!

Pegasus War Cry
Extra! Extra! Read all about it.
We’ve got the team and we’re proud to shout it.
We’re rough, we’re tough...
We’re hard to bluff...
So come on Pegasus do your stuff.
P-E-G-A-S-U-S... Go Pegasus!

Zeus War Cry
Boomeraka, boomeraka, bang, bang, bang...
We are the team of the mighty Zeus gang...
If we lose we’ll try again...
Boomeraka, boomeraka, bang, bang, bang.
Z-E-U-S... Go Zeus!

P.E. PITCH
We have been very excited to have a TRL (Touch Rugby League) Coach running training sessions with Years 1 - 3 students during P.E. this week. These lessons have been a fun-filled and action packed way of introducing the skills of non-contact Rugby League.

TRL will be starting after school, skill development sessions from today. There are two free trial sessions available so if your child is keen to explore the game of Touch Rugby League please come to the Vern O’Brien Oval at 2:45 - 3:45 p.m. Refer to the flyer for further information.

Cross Country training begins in P - 3 P.E. lessons now that the weather has cooled down a little .... Hats, running shoes and water bottles will help the runners complete the course and participate in fitness activities.

The school Cross Country competition will be held Wednesday 28 March, Week 10. The P - 2 runs will be conducted in the second session. Liza Dunlop (It’s not about the shoes, it’s about what you do in them – Michael Jackson)

VOLUNTARY FINANCIAL CONTRIBUTION - 2018
The school is resourced by the State Government through grant funding to provide a core educational service to students. Voluntary Financial Contributions are used by the school to provide an enhanced educational service and to enhance resources available for student learning, recreation and comfort.
This money is used to provide each class Teacher with a budget to use to complement their teaching program e.g. art supplies, specific stationery items and copy paper.

The Voluntary Financial Contribution for 2018 is $60.00 per student capped at $120 family contribution. This equates to $15.00 per student per school term, or as little as $1.50 per week.

Payments can be made at the office, Monday–Friday between 7:30am – 3:00pm. Your contribution before the end of Term 1 2018 is appreciated.

Your contribution above or below the set amount will be readily accepted and greatly appreciated. The Voluntary Financial Contribution is not subject to GST.

We appreciate your payment and thank you for your ongoing support.
COME AND LOOK AT THE YEAR 4 DISPLAY IN THE ADMINISTRATION FOYER

METROPOLITAN NORTH REGIONAL SWIM TRIALS

On Tuesday, 20 February, a small team made up of five Norris Road State School students competed for the Bramble Bay District at the Met North Regional Swim Trials held at the Lawnton Aquatic Centre. These included the following students and the events they qualified for:

- Mia M (G11 - 200m Free, 200m Breast)
- Cameron M (B11 – 50m Back, 100m Free, 50m Fly, 100m Back, 50m Free)
- Oliver M (B11 – 50m Back, 50m Breast, 50m Free)
- Hudson V (B12 – 50m Back, 200m IM, 50m Breast, 50m Free)
- Paige W (G11 – 50m Fly)

All our swimmers swam amazingly well, with time improvements from those set at the Bramble Bay Trials in almost every swim our students competed in. All those hours spent looking at that black line in training is really starting to pay off, well done everyone.

Huge congratulations to Oliver M who won three (3) Gold medals in his multi class events and has qualified in the 50m Backstroke and 50m Breaststroke for the Queensland School Sport State Swimming Championships being held at Chandler on 19 - 21 March 2018. If you see him around school be sure to give him a big thumbs up, well done Oli, we can’t wait to hear how it goes, swim hard buddy!

Hudson V - School Captain
Easter Egg Guess
Selling guesses every Monday and Tuesday outside the Library from 8:00 to 8:25 a.m. 1 guess for $1 and 3 guesses for $2. Children can enter as many times as they like and other family members are also welcome to have a guess.

Drawn 21 March at the School Disco.
 Ally (Fundraising Co-ordinator)

Banking
Thank you for a successful first Monday of Banking. We are located in the Library if you have any questions or queries.

Rewards can take up to two weeks to be returned to students as they have to be ordered, processed by the bank and delivered by Australia Post.

Siblings are still eligible to keep banking with Student Banking if they have left Norris Road and still have a sibling still in the school, as well as younger siblings that have not yet started. Just rubber band the books together and we can still process the banking for your children. The Youth Saver account is the only account we can use.

Due to Public holidays coming up a double deposit banking day will be trialled during Term 2. This is when you can fill in two deposits for the one banking day. It is only a specific time such as public holidays and won't be offered any other times. We process one deposit one day and the second the next so the children don't miss out on banking days or rewards. More details to come soon.

Please come and help on a Monday if you have a free hour or two. We would love to see some new faces and it's a great way to get to know different people in the school community. We are in the Library from 8:30 a.m.

Bron
SCHOLASTIC BOOK CLUB

Issue 1 Book Club orders have been distributed and Issue 2 catalogues have been sent home, if you would like to place an order, please have it in by Friday 16 March at 9:00 a.m. (late orders will not be processed and will be returned to the child).

Please ensure your orders:
- Are in a sealed envelope marked ‘Book Club’ and include your payment
- Have the students name and class clearly written on the order form to ensure correct delivery
- Are placed into the P&C slot in the school office before the cut off day and time

Payment can be made: cash (correct amount please)
cheque (payable to ‘Scholastic Australia’)
credit card (follow the instructions on the order form)

If you have any questions, please contact Robyn 0406 589 005.
**COMMUNITY NEWS**

**Want to play Netball in 2018?**

Ridgettes Netball Club is the most successful club within the Brisbane Netball Association. Ridgettes has been offering netball to the local community for nearly 40 years. Fixtures are played each week at BNA, Chermside. Ridgettes has weekly training at BNA.

We cater for players from 9 years old to senior players.

Winter Season commences Saturday 17th March 2018.

Join Now - www.ridgettesnetballclub.com.au for more information or email our Registrar ridgettesregistrar@gmail.com

---

**Play2Learn**

A good beginning for every child

Play2Learn is a supported playgroup program assisted by the Children’s Activity Centre in order to provide a safe, supportive environment where children can learn, practice and develop skills and strategies to support them throughout their learning journey.

As one of 30 Play2Learn groups around Queensland, parents can enjoy free sessions at the centre and the benefits this provides to be supported and connected to community services within the area.

When families come to Play2Learn they can:
- Play
- Share information
- Connecting to other families
- Time to play together
- Books, toys and craft activities to use with their child
- Meet other families for play activities with their child
- Connect to community services
- Refer families when needed
- A listening ear from the staff
- A sense of belonging to their community
- Gallery, children ready for school
- Creating resources together

Families can feel about the hub and it’s about families and communities helping ways to support each other to be happy and healthy.

For more information contact: 0411 668 882